



Sacred Heart Church

Parish Administrator

Fr. Jaime B. Jose

Deacons

Morton Zabala
Jerome Lefu'a Vito

Parish Staff

Business Administrator

Albert "Al" Wong

Parish Secretary

Linda Jose

Parish Bookkeeper

Myrna G. Peralta

Director of Religious Education

Rosa Lefua

Groundkeeper/Maintenance

Pablo "Jun" Peralta

Mass Schedule

Monday, Tuesday, Thursday Friday

7:30am (after 7am Rosary)

Wednesday

6:00pm Rosary, OLPH Novena,
Chaplet of Divine Mercy and Mass

Saturday Vigil (fulfills Sunday obligation)

5:00pm

Sunday

7:30am, 9:30am, 5:00pm

Reconciliation

Saturday 4:00-4:45pm

Devotions

Thursday

5:00—6:00pm Silent Adoration

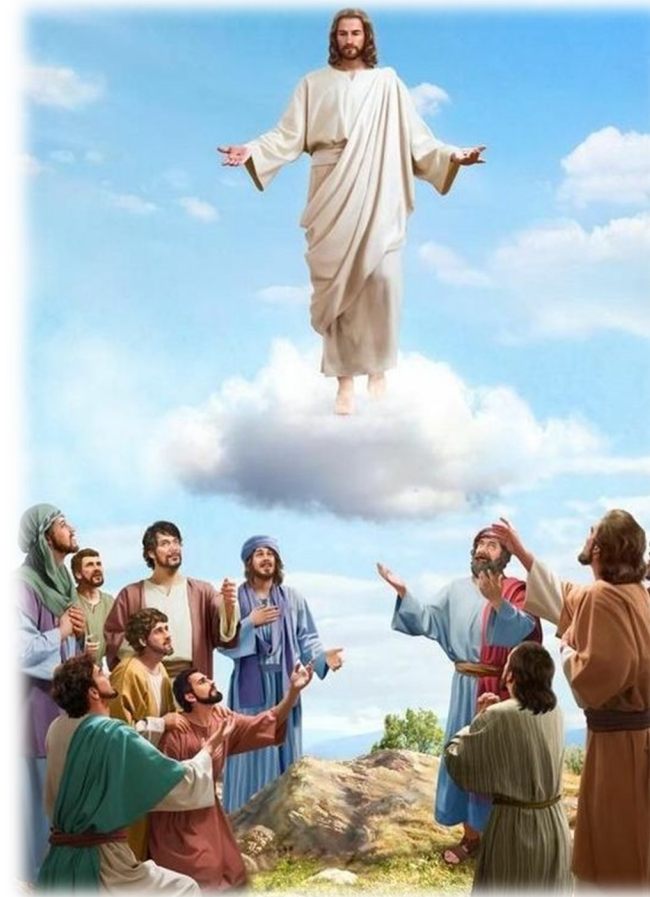
First Friday

6:30am Holy Hour/Benediction (mass to follow)

First Saturday

7:00am Rosary (mass to follow)

May 12, 2024



Parish Mission Statement

Sacred Heart Parish is a Christ-centered community of disciples, journeying together in proclaiming and witnessing God's Word for the integral human and Christian development of all, with respect for the diversity of cultures in the spirit of aloha, towards the realization of God's Kingdom.

Please Contact the Parish Office for the following:

Confession, Baptism, Blessings, Weddings, Anointing of the Sick, Marriage Convalidation and Funerals (*Contact office 1 week prior to making arrangements with Mortuary*)

85-786 Old Government Road Wai'anae Hawaii 96792 | Ph: (808) 696-3773

www.sacredheartwaianae.com | Email: office.shcwaianae@gmail.com

Solemnity of the Ascension of the Lord

	First Reading	Second Reading	Gospel
This Weekend's Readings	Acts 1:1-11	Eph 1:17-23 or Eph 4:1-13	Mk 16:15-20 or Eph 4:1-7, 11-13

The readings for this Sunday encourage us to being open to the Holy Spirit and willing to spread the Good News. The first reading tells of Jesus' ascent into heaven and his promise to send the Holy Spirit. The second reading asks for the Holy Spirit to come to us so we can declare the kingship of Jesus Christ. And in the gospel, Jesus gives us the Great Commission, to go and spread the gospel.

On behalf of our Itinerant Team, we want to thank you for your prayers and welcoming us to your parish. It was a pleasure to get to know many of you personally and the Sacred Heart community. We are grateful for your support over these past few months. We ask that you continue to pray for us as we continue the Church's missionary work of evangelization in Hawai'i and throughout the pacific. Again, mahalo nui loa Jonathan, Nazarena, Fr. John, Paulo, David, and Thomas.

The readings for this Sunday cover key aspects of Christian faith and mission. Here are some themes from these readings:

- **Awaiting the Holy Spirit:** Jesus instructs His apostles to wait for the Holy Spirit. This shows the importance of patience and reliance on God's timing for empowerment.
- **Unity and maturity in faith:** Paul speaks about living in humility and maintaining peace. He highlights the role of diverse spiritual gifts in strengthening the community's faith and unity.
- **Mission of evangelization:** Jesus commands His disciples to preach the gospel globally. This illustrates the universal call to evangelize and spread the message of salvation.
- **Signs of faith:** The Gospel mentions miraculous signs that will accompany believers. This underscores the power of faith and God's active presence in the work of evangelization.
- **Jesus' ascension:** Jesus' ascension into heaven is central to all the readings. It signifies His divine authority and the fulfillment of His earthly mission.

There will be an important Liturgy/Heads of Ministry/Organizations meeting on Saturday May 11, 2024 at 6:30pm in the church. If you cannot make it, please send a representative.

There will be a Parish Pastoral Advisory Council Meeting on Wednesday May 15, 2024 at 7:30pm in the Parish Hall

Happy Mothers Day
to all the Mothers in our parish!



These themes for the Feast of the Ascension reflect the journey and responsibilities of Christians in their faith and interactions with the world.



Monday 5/13/24	Tuesday 5/14/24	Wednesday 5/15/24	Thursday 5/16/24	Friday 5/17/24	Saturday 5/18/24
1st Reading: Acts 19:1-8	1st Reading Acts 1:15-17, 20-26	1st Reading Acts 20:28-38	1st Reading Acts 22:30; 23:6-11	1st Reading Acts 25:13b-21	1st Reading Acts 28:16-20, 30-31
Gospel Jn 16:29-33	Gospel Jn 15:9-17	Gospel Jn 17:11b-19	Gospel Jn 17:20-26	Gospel Jn 21:15-19	Gospel Jn 21:20-25
Next Weekend's Readings May 19, 2024 Pentecost Sunday					
First Reading		Second Reading		Gospel	
Acts 2:1-11		1 Cor 12:3b-7, 12-13		Jn 20:19-23	

Mass Intentions for the Week **May 11 and 2024**

Deceased: Olly & Juliet Eremita, Teodoro V Nano Sr (Birthday), Lodrigo Puerto, Segundina Puerto, Rodgen Puerto, Rex Jerome Jilhaney, Jesus Camacho Muna Jr, Manuel Camacho, Maria Camacho, Maria Camacho-Untalan, Antonio Camacho, Hap Hea BD James McBraun (5/5), Mrs Lilia Grace, Genoveva Macadaeg, Feliciano Macadaeg, Beatrice Macadaeg, Dominga, Segundo Mapili, Rose Williams, Joseph Williams, Milton Lopez, Lionel D. Lopez, Alice & Clarence Lopez, Isidra Torres Marron, Pat Sheely, Roxlinda Coleman, Repose of the souls of deceased Filipino Catholic Club Members, Anastacio & Francisca Nabong, Josie Ruiz, Virgilio Genciana, Florentina Ares, Mother Mary Jean, Alexandria Soares, Adelaide Tavares, Christina Tavares
Healing: Joyce Aliniado, Steve Campos, Keoki Salud, Nani Tavares, Angie & Roman Saupan, Health and Safety of Filipino Catholic Club Members
Birthday: Consolacion McBraun (5/4), Aizabelle (5/4), Mina Dinong (5/11), Birthday Blessings for Filipino Catholic Club members celebrating their birthdays in May
Thanksgiving: Jeremy Dinong, Mina Dinong

ALL MASS INTENTIONS must be turned into the Parish Office during office hours at least **10 (ten)** days prior to the intention. Mass Intentions are limited to (3) Intentions per family per week. Suggested donation as recommended by the Diocese of Honolulu is \$10.00 per Intention/Mass.

IF YOU WOULD LIKE YOUR INTENTION TO BE READ AT EACH MASS, THE DONATION WILL BE \$40.00 (\$10/per mass)
 Please submit your envelope provided for your convenience and submit with your intention and donation.

NOTE: PLEASE DO NOT PLACE YOUR MASS INTENTION IN THE OFFERTORY BASKET IF IT FOR THE UPCOMING WEEKEND. PLEASE TURN INTO OFFICE DIRECTLY FOR THE WEEEEKEND. WE CAN NOT GUARANTEE YOUR INTENTIONS WILL BE IN THE BULLETIN OR READ. Mahalo.

In the United States, the first Mother’s Day was celebrated by Anna Jarvis in honor of her late mother over 100 years ago in 1908. While Mother’s Day in the United States is a secular holiday, the Catholic Church has been celebrating the original “Mothering Sunday” since the earliest years of the Church.

The original Mother’s Day, “Mothering Sunday,” is a pious Catholic tradition that started in the earliest days of the Church and takes place on Laetare Sunday, the fourth Sunday in the liturgical season of Lent.

Laetare Sunday is a more celebratory day in the otherwise austere Lenten season. On this day, people would pay a visit and return to their *mother* Church where they were baptized, otherwise their local parish church or the nearest cathedral (the mother church to all churches in the diocese.) Those that returned to their mother Church on Mothering Sunday were said to have gone “a-mothering.”

The 1962 Roman Missal marks the day with a sense of maternal love, a love for the Holy Mother Church and Mary as the Mother of God and all Catholics.

“But the Jerusalem above is freeborn, and she is our mother.”
 – Galatians 4:26

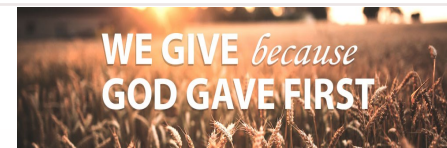
The tradition was honored predominantly in the United Kingdom, Ireland, and other Anglophone countries, especially starting in the 16th century; however, by the 1920s the tradition began to lapse.



Praying the Rosary:
 Every 3rd Sunday of the month we invite all children/teens and anyone who wants to join us, to PRAY the ROSARY before 9:30am Mass. The next Rosary is Sunday, May 19, 2024 at 9am in the church and we will stay for 9:30am Mass.

Children's Choir:
 We welcome any of the children in our parish to join the choir. You have two opportunities please come and join us for Saturdays 5pm and Sundays 7:30am masses. You may come and sit in the choir section during those masses to start singing.

If you have any questions, please contact Rosa 808-861-3747 or email rlfua77@gmail.com.



**Blessings of Financial Stewardship for
 May 4 and 5, 2024**

Mass Collections

5:00pm (Saturday)	\$1,319.00
7:30am	\$1,136.00
9:30am	\$1,598.00
7:5:00pm (Sunday)	\$269.23
Second Collection (Repair and Maintenance)	\$1,248.23

Total Mass Collection \$5,570.46

Other Collections

Bulletin Sponsorship	\$170.00
Candles	\$55.00
Church Donations:	\$40.00
Funeral: Church	\$500.00
Funeral: Hall	\$300.00
Funeral: Priest	\$300.00
Mass Intentions	\$285.00
Diocesan Retirement Fund	\$30.00
Joseph Dutton	\$20.00

Total Other Collections \$1,700.00

Online Donations \$345.00

Grand Total: \$7,615.46

Mahalo for your generosity!



**Happy Heavenly
Birthday George Charter
And Happy Birthday
Derek James Jilhaney**

Offered by Rosemira Charter and Ohana



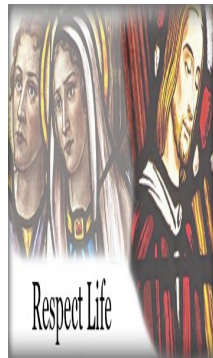
Faith Formation



Are you someone or do you know someone who has expressed an interest in becoming Catholic?

Has a child over the age of seven who has not been baptized? Was baptized Catholic as a child, but has not celebrated the Sacraments of Confirmation and Eucharist? We offer an opportunity to come together in a small group to learn more about our faith. Sessions focus on the teachings and experience of Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist during the Easter season. There are separate sessions for children or youth. You are welcome to participate in the process with your questions, your insights and your faith story in a warm accepting setting.

*Lilia Grace at (808)379-9446 or
Email: Ms.lbpj@gmail.com.
Come and join us on
Tuesday evenings at 7:00 p.m.
in the Religious Education building.
God bless you!*



On this Mothers Day, let's honor and give gratitude for our Blessed Mother and all mothers and the gift of life from conception to natural death. We pray also for all expectant parents, those with pregnancy difficulties and post abortion healing.

The following events respect life:
40/365 days for life prayers,
Side Walk Advocates Training (TBA)
Hawaii State Laws prayers
Walking with Moms in Need programs
WWMIN Baby Shower, Holy Trinity Church, Hawaii Kai, May 19, 2024 2-4pm

For more information, Please contact:
Linda Susan Madamba
Respect Life SHCW, Coordinator
Phone: (808) 221-7794
E-MAIL: Linda Susan_Madamba@yahoo.com



SHCW - PANTRY
Did you know our Pantry Services hundreds of people each month with much needed food to survive! WE ARE IN ALWAYS NEED OF NON-PERISHABLE CANNED & DRY FOODS.

Let us always be mindful of those who are less fortunate than us

Please call the Parish Office for more information at (808) 741-1056

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"

**Church Cleaning Schedule for
May/June 2024**

- May 11, 2021 **Filipino Catholic Club**
- May 18, 2024 **O.C.I.A.**
- May 25, 2024 **Chuukese Community**
- June 8, 2024 **RE/Youth**

Mahalo for your continued Stewardship for cleaning the house of our Lord

**2024 Second Collections
Office of the Chancellor**

Catholic Communication	May 11/12
Diocese of Honolulu Seminarian	June 15/16
Holy Father (Peter's Pence)	July 6/7
Catholic Charities Hawaii	August 3/4
The Catholic University of America	September 7/8
'Ohana in Christ Campaign	October 5/6
World Mission Sunday	October 26/27
Catholic Campaign for Human	November 16/17
Retirement Fund for Religious	December 7/8



Growing in FAITH™

Discovering hope and joy in the Catholic faith.

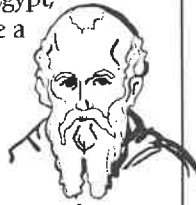
May 2024

SACRED HEART CHURCH - WAI'ANAE

One Minute Meditations

St. Athanasius of Alexandria

Born a Christian in Egypt, St. Athanasius became a priest and a great defender of the Catholic faith. Recognized for his intelligence and holiness, he was chosen to be secretary to Bishop Alexander of Alexandria, and later succeeded him as bishop. Because of the terrible persecutions and political climate, he was exiled several times during his office. For the rest of his life, St. Athanasius worked to defend the divinity of Christ. He died in 373.



Stress and surrender

Stress can result from feeling powerless in difficulties, yet change isn't always up to us. Knowing when to step back and surrender can actually bring peace. Turning to God with trust gives us the power to navigate life's challenges with faith and serenity.

"St. Joseph the Worker stands as a symbol of quiet strength and faithfulness, teaching us that in the ordinariness of our work, we honor God in profound ways." Pope Francis



Spread the Gospel like Our Lady

On the feast of the Visitation (May 31), we celebrate when Mary carried the Good News of our salvation to Saints Elizabeth and Zechariah – that God took on our humanity to fulfill His promise of salvation. Today, we're also called to bring the same Good News as Mary did:

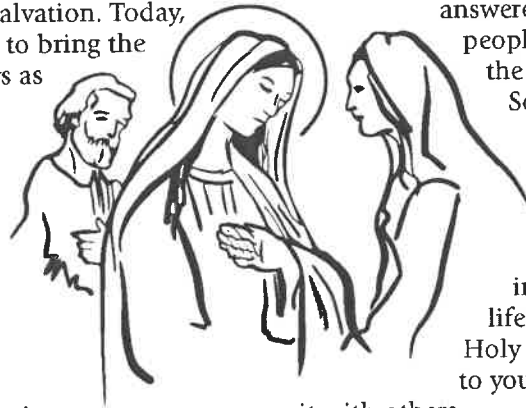
Be filled with Christ's presence: Jesus indwells in us (John 15:5) to empower us for mission. This is accomplished through the Sacraments – Baptism, Eucharist, Reconciliation. We need to offer God our open, receptive, and attentive hearts.

Become a quiet witness: Mary "kept all these things, pondering them in her heart" (Luke 2:19). Emulate her quiet witness by living with deep faith and

trust in God's plan, letting your actions demonstrate the strength of your beliefs.

Proclaim the greatness of the Lord: Mary's *Magnificat* recalls the ways God answered the needs of His people, culminating in the coming of His Son. Can you articulate your own *Magnificat* – recounting God's loving intervention in your life? If not, ask the Holy Spirit to reveal it to you so you can share it with others.

Serve with humble love: After receiving the news that she was to become the mother of the eternal King, Mary rushed to St. Elizabeth's side to serve her. Look for ways to imitate our humble Queen. Serve with love.



Why Do Catholics Do That?

Why is Pentecost the "birthday of the Church?"

Pentecost is referred to as the "birthday of the Church" because it marks the day when the Holy Spirit descended upon the Apostles, empowering them to preach the Gospel across nations, effectively initiating the spread of

Christianity. This event, occurring fifty days after Easter, symbolizes the Church's emergence as a global community united under the teachings of Christ. It celebrates the moment when the Apostles began to baptize thousands, leading to the rapid growth of the Christian faith.



Four steps to inner peace

In the Catholic tradition, developing inner peace is deeply intertwined with spiritual practices and faith in God's plan. This journey involves key elements that help us find serenity and resilience amidst life's challenges.

Prayer is fundamental. Through regular prayer, we communicate with God, seeking guidance and strength. Heartfelt prayer fosters a deep sense of connection with God, helping us to alleviate anxiety and promote tranquility.

Sacraments are vital. Participation in the sacraments, especially the Eucharist and Reconciliation, are direct encounters with God's grace, which cleanse,



heal, and fortify the soul against the struggles of daily life.

Listen for God's voice. Reading and meditating on the Scriptures provides insights and divine wisdom, helping us to align our thoughts and actions with God's will, thereby fostering a peace that transcends understanding.

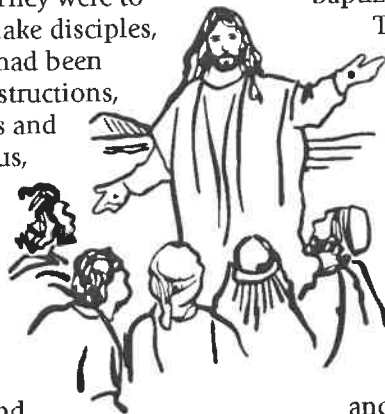
Love is key. Jesus asked us to practice forgiveness and charity, which heal and build relationships, creating communities of support and love. Living out these values daily contributes to personal and communal peace, reflecting the Catholic approach to nurturing a peaceful heart.

from Scripture

Matthew 28:16-20, The Holy Trinity

Jesus appeared to the Apostles on the mountain in Galilee to give them their final instructions. They were to go forth, baptize, and make disciples, and to teach what they had been taught. These are our instructions, too. Once we meet Jesus and experience His love for us, we can't keep Him to ourselves. We must proclaim Him.

Jesus also revealed to the Apostles, and to the crowd gathered with them, that God is a Trinity — Father, Son, and Holy Spirit — three Divine Persons united in love. The belief that God is three, yet one, is distinct to



Christianity. When we became members of the Church, we were baptized in the name of the Trinity.

The Trinity is a mystery we may not fully understand, but we can still live in its love and power. We proclaim our faith in it whenever we make the Sign of the Cross: "In the name of the Father, and of the Son, and of the Holy Spirit."

Our ultimate goal is to follow Christ into the eternal life of the Trinity.

Q & A Do we have to pray the Rosary every day?

Praying a daily Rosary is not required but it is recommended. It is a meditative prayer that facilitates a deeper engagement with the mysteries of Christ's life, alongside the intercessory role of the Virgin Mary.

St. Dominic, who founded the Dominican Order, promoted the Rosary and credited praying the Rosary with ridding the Church of the Albigensian heresy. Pope St. Pius V attributed the



miraculous victory of Christian forces at the Battle of Lepanto in 1571 to the Rosary. Since then, many popes have urged us to pray this prayer.

The repetitive nature of the Rosary's prayers, such as the Hail Mary, fosters a meditative state that can lead to a sense of peace. This repetition is not just a mnemonic device but a way to quiet the mind and open the heart to God's guiding voice. Moreover, praying the Rosary is also a way to seek Mary's intercession. As the Mother of Christ, her proximity to Jesus is seen as a powerful aid in bringing our prayers before God.

Feasts & Celebrations

May 9 - The Ascension of the Lord. This solemnity marks the completion of Jesus' mission of salvation and His triumphant entry into Heaven. *Note: In many dioceses, observance of Ascension has been moved to the following Sunday.*

May 10 - St. Damien of Molokai (1889). Born in Belgium in 1840, Joseph de Veuster became Father Damien at the age of 19. He ministered to lepers on the Hawaiian island of Molokai. He died of the disease after serving there for sixteen years. He is the

patron of lepers and outcasts.

May 20 - Mary, Mother of the Church (2018). On the Cross, Jesus gave us His mother to be our mother (John 19:27). Even in Heaven, she prays and cares for us as our spiritual mother.

May 21 - St. Cristóbal Magallanes and Companions (1937). Fr. Christopher Magallanes was part of the Catholic Action Movement in Mexico, resisting the anti-Catholic Mexican government. Despite great persecution, he established a seminary at Totatiche. He and his companions were martyred.



Our Mission

To provide practical ideas that promote faithful Catholic living.

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(540)662-7844 (540)662-7847 fax
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(Unless noted Bible quotes and references are from the Revised Standard Version and the New American Bible)